

Report of *Kisan Goshthi* organized on “Food and Nutrition for Farmers” under *Azadi ka Amrit Mahotsav* campaign on 26th August, 2021 by ICAR-Directorate of Floriculture Research, Pune in Kusun village of Pune district.

The ICAR- Directorate of Floriculture Research, Pune organized *Kisan Goshthi* on “Food and Nutrition for Farmers” in Kusun Village of Junnar taluka of Pune district under *Azadi ka Amrit Mahotsav* campaign on 26th August, 2021. A total of 23 farmers (including 5 women farmers) participated in the programme. The programme was aimed at creating awareness among the farmers about importance of food and nutrition for the farmers and their families and its role during present Covid-19 pandemic.

Dr. Sanjay Kad, Scientist welcomed the participants and elaborated on the theme of the programme. He highlighted the importance of Food and Nutrition for farmers. He explained what type of nutritional deficiency normally occurs in rural areas especially among women and children. He also touched upon the measure to correct such deficiencies at village level by creating food bank at village level besides creating awareness among women through *Anganwadies* and village school etc.

Dr. Narendra Gajbiye, Pr. Scientist highlighted different food and nutritional aspects for farming communities and stressed on importance of consumption of protein and vitamin rich diet in increasing immunity. He also advised them to consume balanced diet comprising of cereals, pulses, millets, milk & milk product to maintain good health. Dr. Girish K.S. Scientist emphasized on the importance of consuming diversified food such as grains, pulses, fruits, vegetable, milk and milk products, animal and animal products etc. and the important role such foods play in maintaining good and strong health.

All the farmers raised questions and sought solutions to problems faced by them regarding food and nutrition.

The *Goshthi* was followed by a visit to farmer’s fields for on-farm interaction. Dr. Girish explained the importance of integrated pest and disease management in floriculture crops. Dr. Harish D. Scientist focused on production technologies of important flower crops like marigold, aster and

chrysanthemum from raising seedlings in nursery to post harvest management. The farmers shared their experiences and problems about cultivation of flower crops.

Dr.Harish expressed gratitude to all the participants for attending the programme.

Farmers also thanked ICAR-DFR, Pune for organizing such awareness programme and also assured that they will give importance to balance food and nutrition for the welfare of their families.

Glimpses of Kisan Ghosti organized by ICAR-DFR, Pune



Pictures: *Kissan Gossthi* organized in Kusur Village

